

THE POWER OF A MOTHER'S GROWTH:



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MIND BUSINESS SOUL
Mindful Leadership with Soulful Purpose

**TRANSFORMING
TOMORROW,
TODAY!**

Bob Proctor

THINKING
• INTO RESULTS

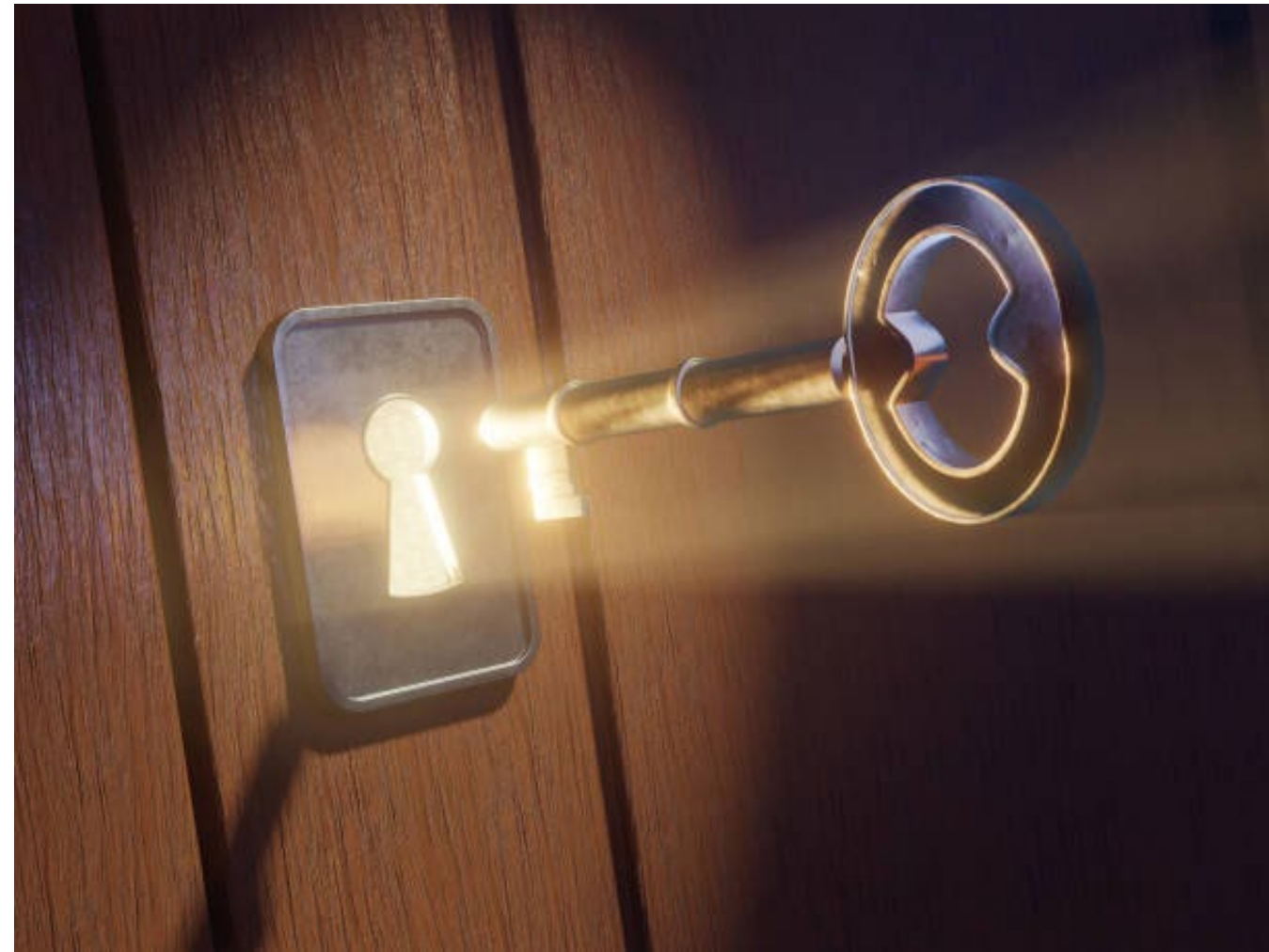
How to put yourself first without feeling guilty.



IF YOU HAVE NO OXYGEN YOU CANNOT HELP YOUR KIDS OR FAMILY

3 Powerful Secrets to Help Regain Your Power

- *Vision*
- *Thoughts*
- *Energy*



Our Promise to You:

- *Awareness*
- *Clarity*
- *Empowerment*





Key Number 1: A Powerful Vision

A vision is having a target

*Yes Mom, you deserve to
dream*

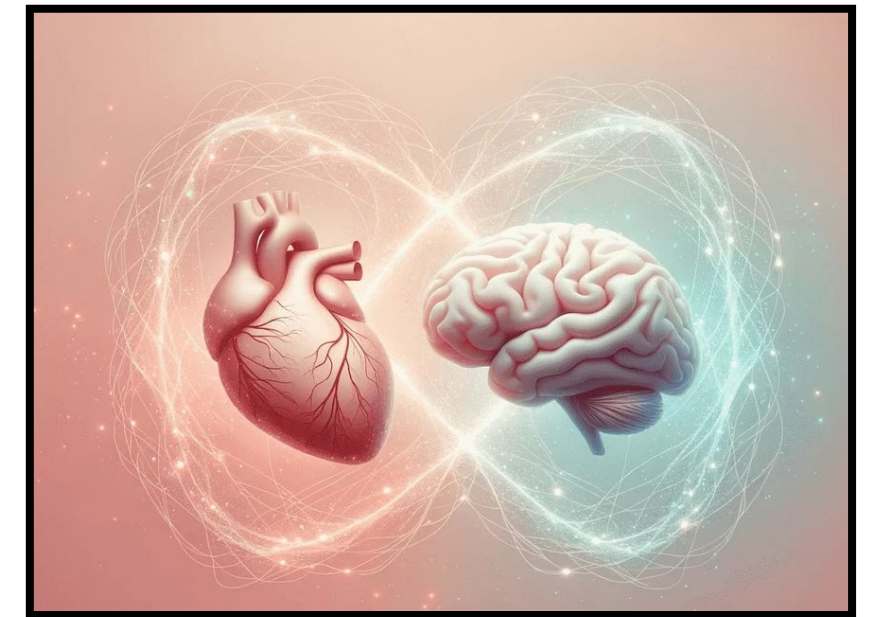


Do you have life goals?

Type A: something you know you can achieve

Type B : somethig you think you can achieve

Type C : Pure Fantisy, you do not know how you will achieve, that is the domain of the universe



A good goal consists of something we have never done before and that initiates the growth and development of our being.

What does a day in your perfect life...

- *Lookslike*
- *Feelslike*
- *How do you show up*



What does a day in your perfect life...

- *Lookslike*
- *Feelslike*
- *How do you show up*



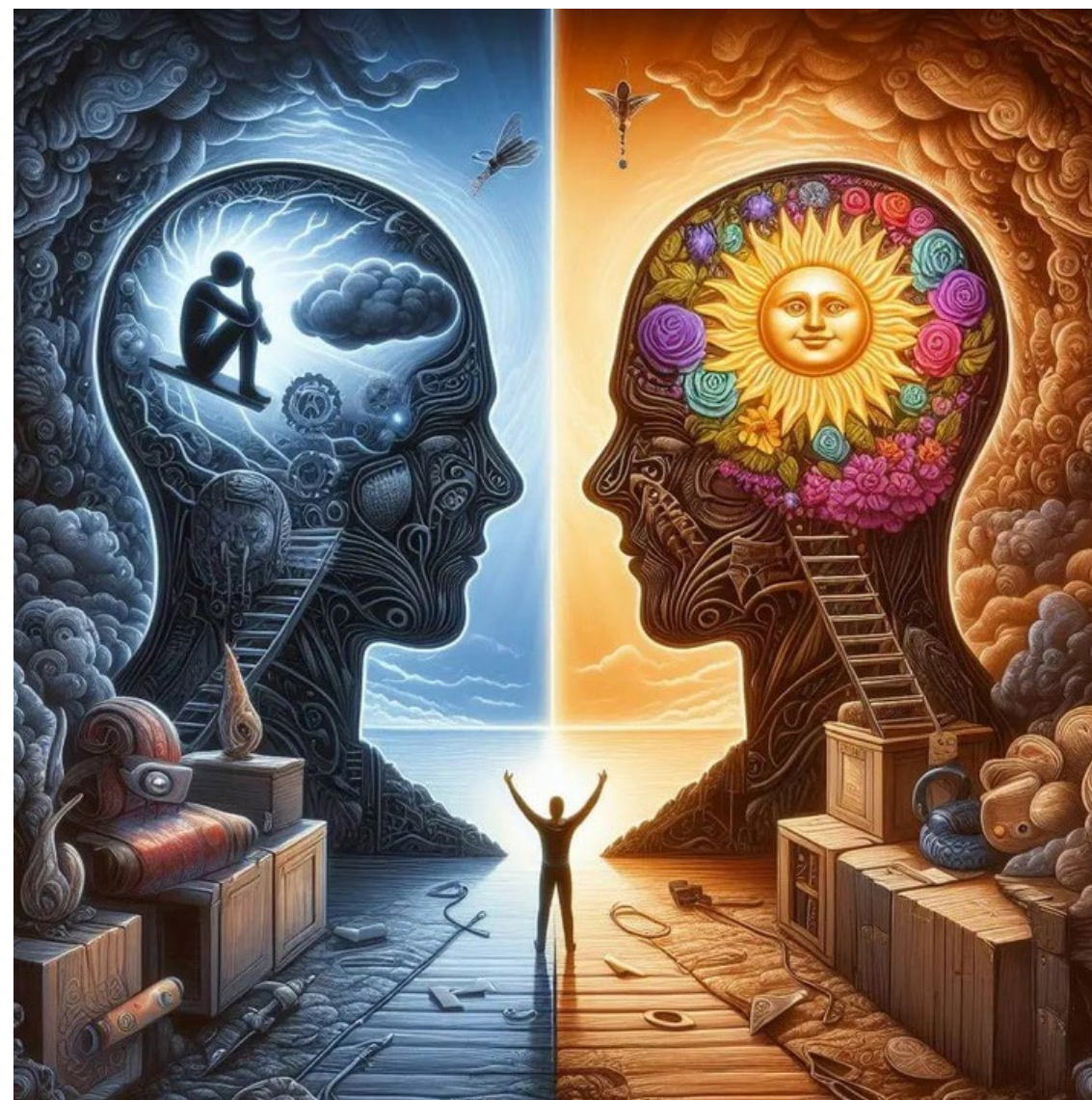


Key Number 2: The Power of our Thoughts

Limiting beliefs

creates

limiting thoughts



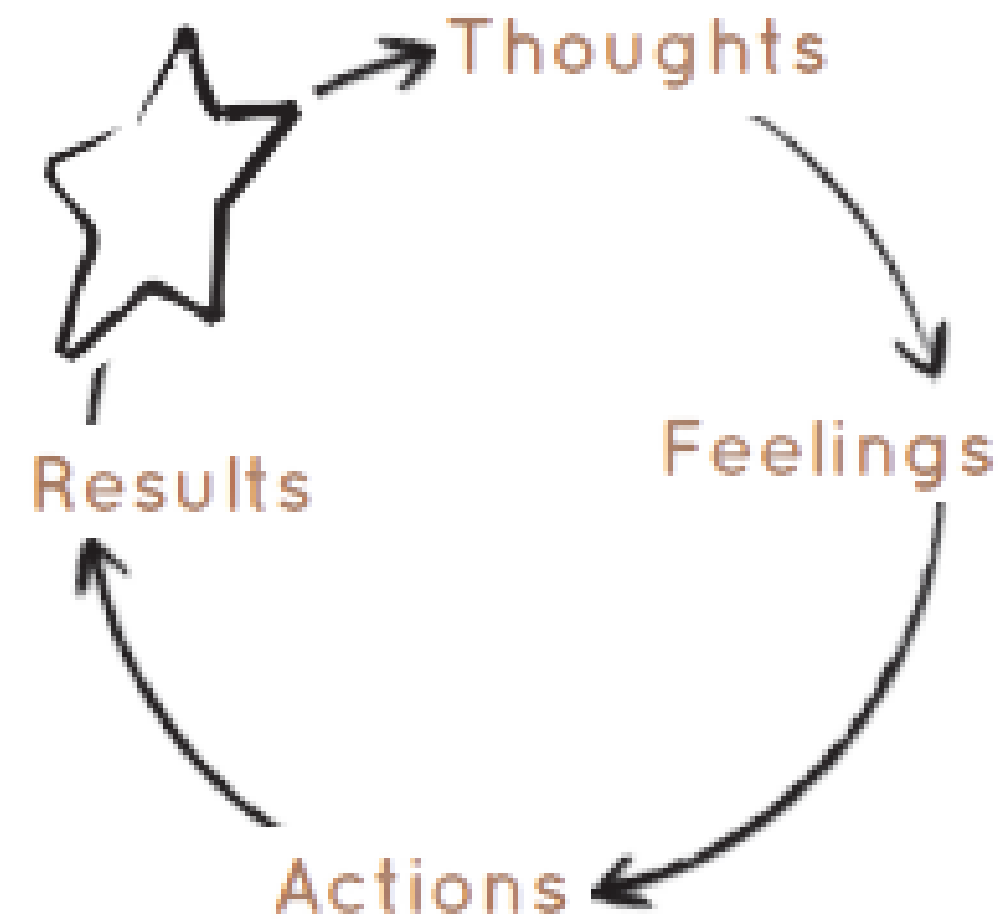
Empowering beliefs

creates

empowering thoughts



Awareness = Empowerment



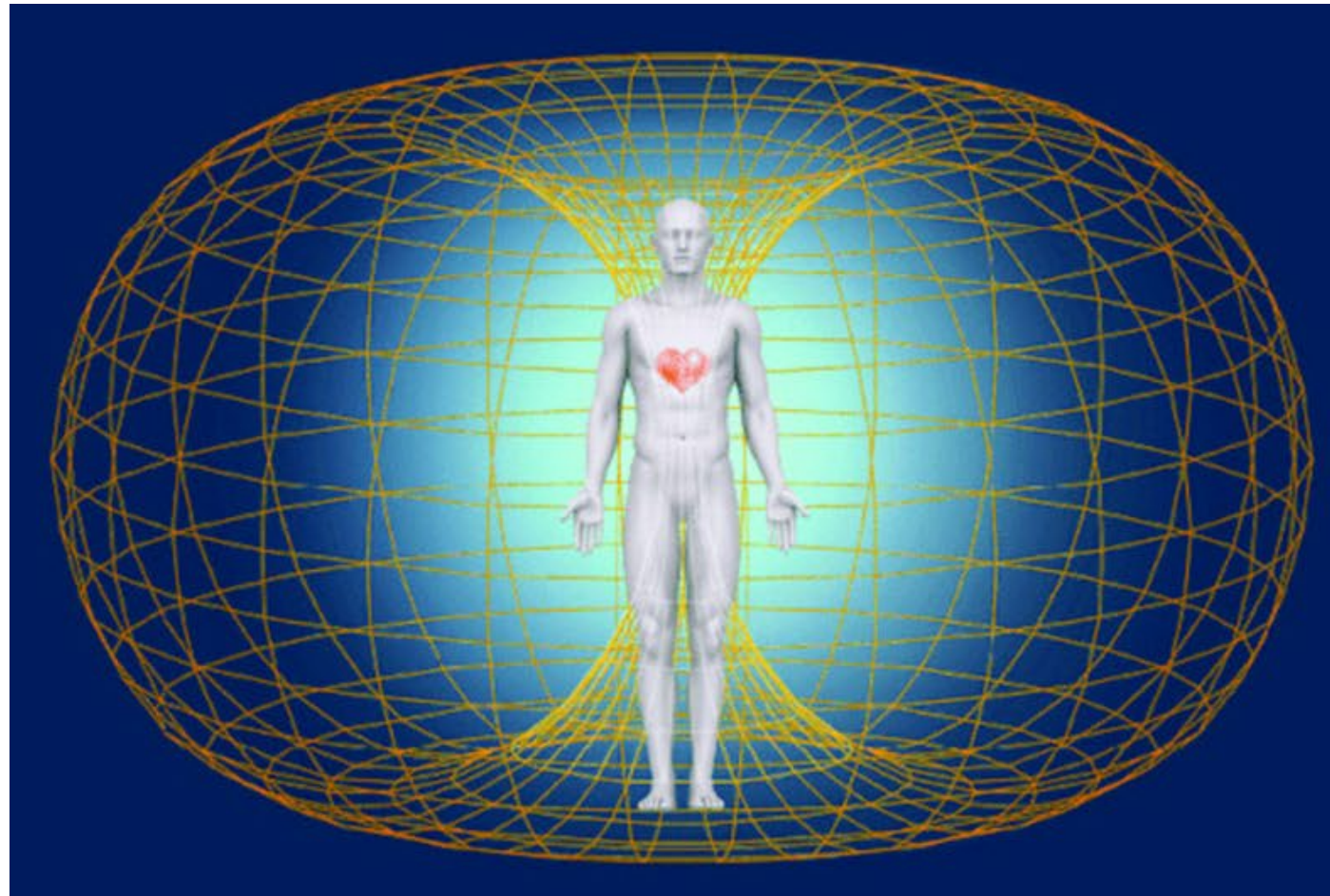
Take a moment to reflect on your thoughts

My thoughts towards	My present thoughts	Reframed thoughts
Each of your children	She/he is so difficult.	She/he is a strong person meant to lead.
Your partner	I always have to tell him/her what needs to be done.	My partner takes charge of what needs to get done. I feel seen and supported.
Yourself	I can't do that. I'm not good enough.	I have everything in me to succeed.



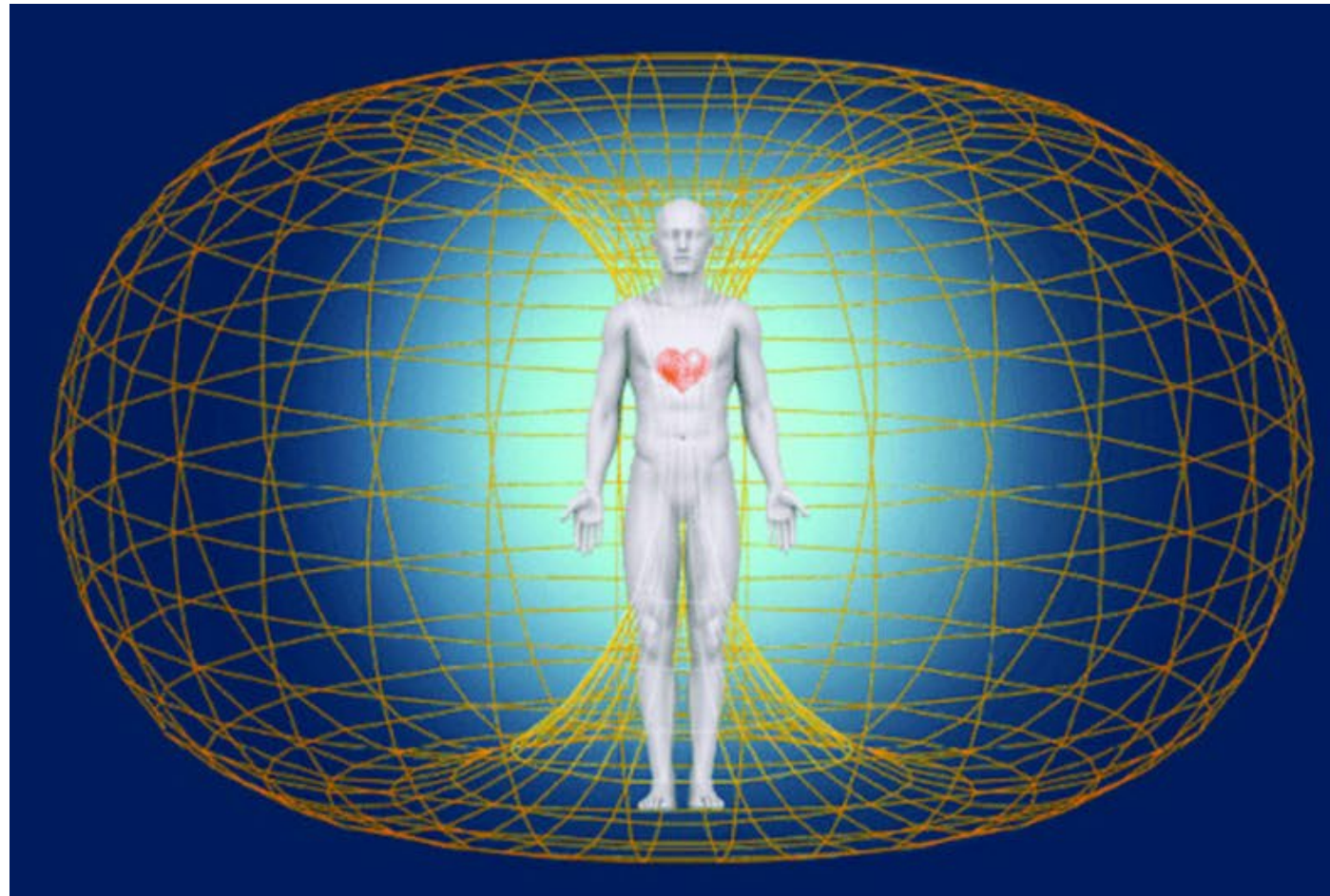


Key Number 3: The Power of Energy





Key Number 3: The Power of Energy



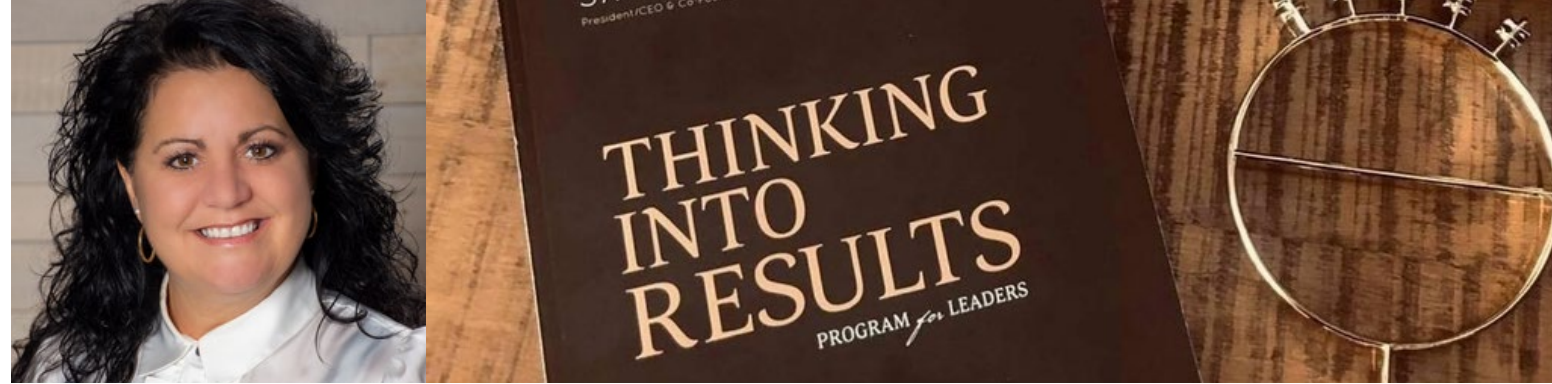
	God-view	Life-view	Level	Scale	Emotion	Process	
POWER	Self	Is	Enlightenment	700-1000	Ineffable	Pure Consciousness	STRONG
	All-Being	Perfect	Peace	600	Bliss	Illumination	
	One	Complete	Joy	540	Serenity	Transfiguration	
	Loving	Benign	Love	500	Reverence	Revelation	
	Wise	Meaningful	Reason	400	Understanding	Abstraction	
	Merciful	Harmonious	Acceptance	350	Forgiveness	Transcendence	
	Inspiring	Hopeful	Willingness	310	Optimism	Intention	
	Enabling	Satisfactory	Neutrality	250	Trust	Release	
	Permitting	Feasible	Courage	200	Affirmation	Empowerment	
	Indifferent	Demanding	Pride	175	Scorn	Inflation	
FORCE	Vengeful	Antagonistic	Anger	150	Hate	Aggression	WEAK
	Denying	Disappointing	Desire	125	Craving	Enslavement	
	Punitive	Frightening	Fear	100	Anxiety	Withdrawal	
	Disdainful	Tragic	Grief	75	Regret	Despondency	
	Condemning	Hopeless	Apathy	50	Despair	Abdication	
	Vindictive	Evil	Guilt	30	Blame	Destruction	
	Despising	Miserable	Shame	20	Humiliation	Elimination	

Vibrations for an energy shift



Vibrations for an energy shift





PROGRAM HIGHLIGHTS

PART 1

ONTOLOGY – THE STUDY OF BEING

CORE FOCUS: UNDERSTANDING THE ESSENCE OF LEADERSHIP AND THE ENERGY YOU BRING TO YOUR ROLE

- ENERGY AS A PERFORMANCE DRIVER DISCOVER HOW WORKPLACE ENERGY DIRECTLY IMPACTS RESULTS
- LEADERSHIP PERCEPTION ASSESS HOW YOUR LEADERSHIP STYLE IS RECEIVED AND ITS INFLUENCE ON YOUR TEAM
- INTEGRITY AND TRUST LEARN TO HONOR YOUR WORD AS THE FOUNDATION OF CREDIBILITY
- UNCOVERING BARRIERS IDENTIFY AND ADDRESS PERSISTENT OBSTACLES TO BUSINESS GROWTH
- CREATING NEW POSSIBILITIES BREAK FREE FROM LIMITING PERSPECTIVES TO ENABLE GROWTH
- EMOTIONAL GROWTH SHAPE A MINDSET THAT FOSTERS PRODUCTIVITY AND PROGRESS
- BECOMING THE CHANGE EMBODY INTEGRITY, IMPROVE WORKFLOWS, AND INSPIRE YOUR TEAM THROUGH ACTION.

A vibrant forest scene with sunlight filtering through tall trees and a mossy forest floor. The sun is low in the sky, creating a warm, golden glow and long rays of light that stretch across the forest. The trees are tall and slender, with green foliage. The forest floor is covered in a thick layer of moss and small, colorful plants. The overall atmosphere is peaceful and natural.

NOW

It's your turn to

shine bright

Thank you



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BREAKOUT ROOM

DÉCONNEXION DES ÉLECTRONIQUES...



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MENTAL BUSINESS SPIRITUEL
Leadership conscient avec une intention profonde

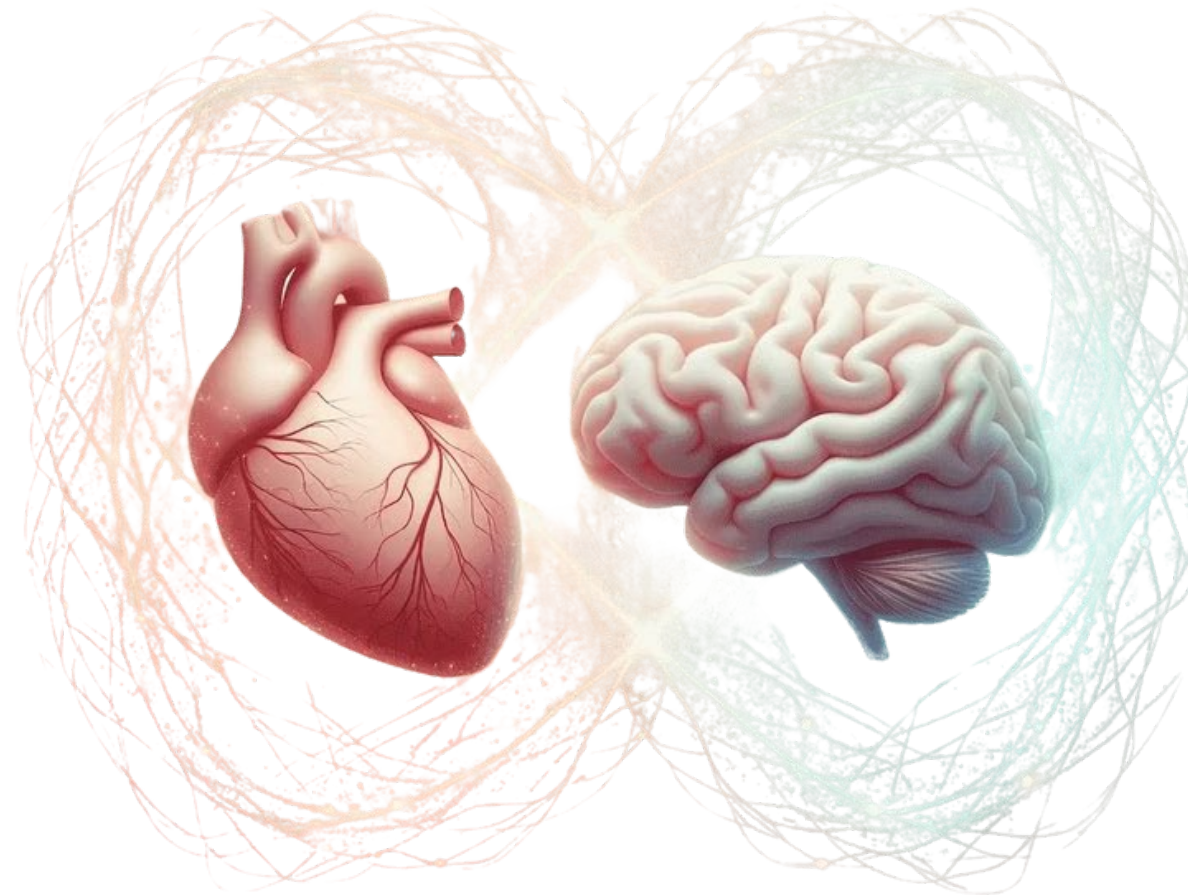
ET LA
RECONNECTION
A SOI - MÊME

Bob Proctor

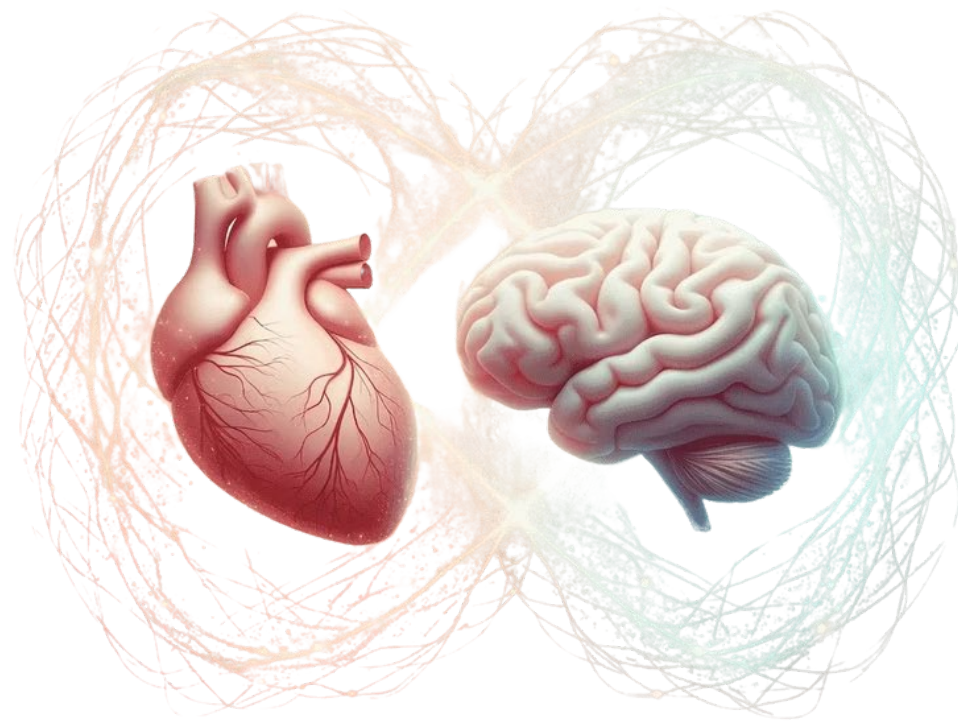
THINKING
• INTO RESULTS

Que signifie se reconnecter à soi-même ?

- C'est l'alignement avec notre coeur, c'est se connecter au moment présent et se ramener à se qui est vraiment important.



Quand on fait cela, tout devient clair et crée une facilité à savoir ce que l'on veut vraiment dans la vie. Cela nous ramène à ce qui est important pour notre bien-être et notre direction de vie.



Respiration

Méditation

Yoga

Bain de son

Connection avec la nature

Exercice physique

Nutrition saine et naturelle le plus possible

Retraite en nature et de bien-être

*Moment de mouvement pour
se ramener au moment
présent.*



Méditation pour la connexion à soi-même



Liberation émotionnelle EFT

“Le tapotement EFT aide ton corps à se sentir en sécurité pendant que tu libères.”



Visualisation

Écrire , visualiser et enregistrer la nouvelle version de nous dans le moment présent.



VOUS DÉSIREZ DU CHANGEMENT DANS
VOTRE ÉNERGIE, VOTRE SANTÉ, VOS
RELATIONS ET VOTRE JOIE DE VIVRE ?

RISE AND SHINE
CLUB DU MATIN

Merci



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